



Arizona Spinal Cord  
Injury Association

Join us for a FREE educational Course designed to empower those facing paralysis, their family members, professionals and students! This course was designed by consumers and their family members who share the SCI experience. Come hear from top experts and professionals in the field of spinal cord injury education and rehabilitation.

Each evening offers opportunities for discussion, dialogue and a chance to speak with others whose lives have been affected by paralysis. Classes are free, transportation is available and a light meal will be served each evening!

## Topics

Phoenix location: Disability Empowerment Center Conference Center  
5025 E. Washington Street Phoenix, AZ 85034

February 2 <sup>nd</sup>	Empowerment and ADL	Phoenix
February 9 <sup>th</sup>	Medical Concerns	Phoenix
February 16 <sup>th</sup>	Secondary Conditions	Phoenix
February 23 <sup>rd</sup>	“Therapist Is In” Health and Wellness Fair	Phoenix
March 1 <sup>st</sup>	Sexuality, Dating and Parenthood	Phoenix
March 8 <sup>th</sup>	Psychosocial Aspects	Phoenix
March 15 <sup>th</sup>	Legal Considerations	Phoenix
March 22 <sup>nd</sup>	Pain and Aging	Phoenix

Tucson location: HealthSouth Rehabilitation Institute of Tucson  
2650 N. Wyatt Drive Tucson, AZ

April 12 <sup>th</sup>	Empowerment and ADL	Tucson
April 19 <sup>th</sup>	Alternative Medicine & Sleep	Tucson
April 26 <sup>th</sup>	Mobility and Recreation Health Fair	Tucson

**To register or for more information:**

**Call 602-507-4209 or email [info@azspinal.org](mailto:info@azspinal.org)**