

Cleft Lip and Palate Treatment Timeline

This timeline is only a guideline. Every child has different needs. Surgeries/Treatments will depend upon individual growth patterns, health status, and needs.

Birth - 3 months	3 - 6 months	8 - 12 months	4 - 6 years	5 - 8 years	12 years	16 - 18 years
Pediatrician / Primary Care Provider (PCP): Well Child Checks and Immunizations, Monitoring of Weight Gain and Development Referral to Developmental Pediatrician as needed						
Barrow Cleft Lip and Palate Team Evaluation w/ follow-up at 2, 5, 12, and 16 years of age						
Plastic Surgeon evaluation and recommendation for surgery or nasoalveolar molding (NAM)	Lip and nasal repair	Cleft palate repair	Minor lip and nasal revision if needed; Pharyngeal Flap if needed	Bonegrafting of alveolar cleft	Evaluate jaw growth and any need for lip/nasal revisions	Orthognathic surgery followed by final lip and nasal revision
Ear, Nose, Throat(ENT)	Myringotomy tubes	Myringotomy tubes				
Audiology Evaluation		Yearly audiology exam				
Pediatric Dental		1yr: first dental visit and then active dental care				
Orthodontics: evaluation for Nasoalveolar Molding	Nasoalveolar Molding		5yrs: X-rays, Palatal Expansion	Preparation for Bonegrafting	Active Orthodontics and preparation for orthognathic surgery if indicated	
Genetics Evaluation		Yearly follow up				
Speech/Language: Referral for feeding evaluation if needed	Ongoing education for speech & language development	Full speech/language evaluation	Nasoendoscopy if needed	Continue to monitor speech and resonance		
Nutrition Evaluation and follow-up						
Social Services: Referral to Craniofacial Foundation of Arizona: Family Support Group						
Psychology Services						
				Educational Consultant		
<p>Audiology: The study of hearing.</p> <p>Bone Graft: Small segments of bone taken from the inside of the hip bone are placed in the cleft at the gum line.</p> <p>Genetics: A special doctor who studies physical and developmental differences from one generation to the next.</p> <p>Nasoalveolar Molding (NAM): A special orthodontic device made of plastic is used to help shape the lip and nose before repair.</p> <p>Palate: The roof of the mouth.</p> <p>Pharyngeal flap: A surgery for patients who sound like they are talking through their nose, and speech therapy has not been resolved this.</p> <p>Palatal Expansion: A small mouthpiece is used to make the roof of the mouth wider so that it fits best with the lower jaw teeth.</p>						
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