

MEDIA TIPS SHEET

Stories and Events for **June 2012**

Reporters and assignment desk editors: Sunday, June 17 is Father's Day. Related stories include:

- **Young Valley Father Recovers from Stroke, Lives to Celebrate First Father's Day**

A 38-year-old man has lived to celebrate his first Father's Day with his daughter after suffering from a devastating stroke caused by high blood pressure. Although being warned by doctors of his high blood pressure, Larry Davis, like most young fathers, never dreamed of having a stroke at a young age. That changed in March when Davis suddenly became paralyzed on his right side. "My biggest fear was that I would never again be able to hold my daughter," says Davis, whose daughter is 10-months-old. Davis, who underwent inpatient and outpatient therapy at St. Joseph's Barrow Neurological Institute, has made a remarkable recovery and has regained movement. Although strokes are more common in people over age 60, they are starting to occur in younger people due to risk factors such as high blood pressure and high cholesterol. To schedule interviews with Davis and his doctor, call 602-406-3319.

- **Boot Camp for New Dads**

Just in time for Father's Day, St. Joseph's will host Boot Camp for New Dads, a workshop that helps expectant and first-time dads learn what it's like to be a new dad. Veteran dads will head the workshop and encourage honest discussions about lifestyle changes that may occur when the baby is born. Boot Camp for New Dads enables new fathers to "hit the ground crawling" in the right direction to forming a new family with mom when their first baby arrives. The workshop will take place on Saturday, June 16 from 9 a.m. to noon at the St. Joseph's Learning Institute located in Park Central Mall. Call 602-406-3312 to schedule interviews.

Additional June stories include:

- **Children with Cleft Lip and Palate Participate in Unique Speech Camp**

It's the first summer camp many of these 11 Valley children have ever attended. No one will tease them about the way they talk or about the scars on their faces. Instead, the camp makes these children feel safe and normal. The Happy Campers Speech Camp at St. Joseph's will offer an intense speech therapy camp — disguised as fun activities — to selected children with severe speech problems due to cleft lip and palate. Media is invited to cover the camp the week of June 11. For more information, call 602-406-3312.

- **Valley Doctor Loses 60 Pounds through Ballroom Dancing**

A St. Joseph's doctor has lost 60 pounds through an unconventional form of exercise – ballroom dancing. Emily Zaragoza Lao, MD, who dances with the Fred Astaire Dance Studio, has taken her weight-loss experience one step further by educating her patients about losing weight naturally through fun forms of exercise. To interview Dr. Zaragoza Lao, please call 602-406-3319.

- **New Medical School in Phoenix to Open This Month**

The Valley will have a new medical school this month when the Creighton University School of Medicine at St. Joseph's opens. Forty-two medical students will arrive in Phoenix from Omaha on Thursday, June 28 to begin their third-and-fourth-year medical school training. The unique partnership between St. Joseph's and Creighton is expected to enhance medical services for Arizona. Stay tuned for more details.

For more information or to schedule a story, call Carmelle Malkovich at 602-406-3319.